



We are **digital well-being** experts focusing on **self-driven** interventions specifically for **youth**.

We plan to improve well-being and tech-life balance:

Develop, implement, and promote **person-centered tools/interventions** and **evidence-based guidance**,

... by building on our **digital well-being app, screen-time diagnostic survey & workshops**.

We would like to partner with:

- Academics to conduct a study for app pilots
- Other domain experts to strengthen content dev.

EXPERIENCE

Digital well-being **workshops**: 1000+ students

Self-driven digital **well-being app** – *Innovate UK*

**University collab.** for diagnostic survey & EdTech

**Strong connections** with digital well-being leaders

ORGANISATION CAPABILITIES

An adaptable start-up, for purpose & profit.

Certified **digital well-being educator** & coach

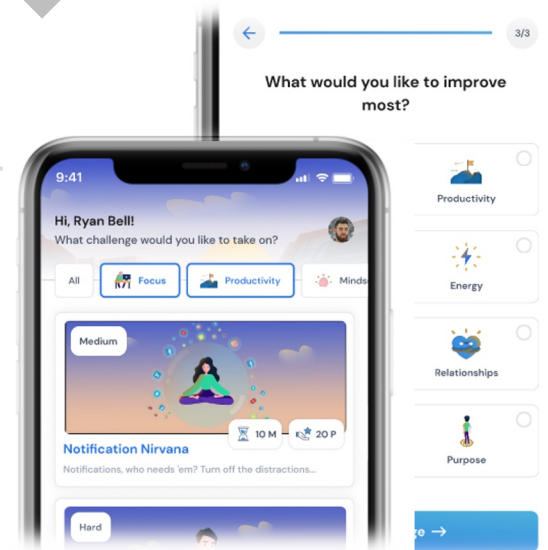
**Well-connected with youth** and students

UK host of global youth digital well-being org.

**Mobile and web app development** – *External*

Digital well-being **content development**

**Network** of education institutions in the UK



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